

## World Obesity Day: Chinese Bariatric Surgery On Action

Obesity is a global problem, and 800 million of us are living with the disease, with millions more at risk. The only way we can make progress is by working together. on March 4th, the theme activity of World Obesity Day that sponsored by the Chinese Society for Metabolic and Bariatric Surgery (CSMBS) and co-organized by the First Affiliated Hospital of Jinan University was successfully held. We organized the following activities around the theme of ‘Everybody Needs to Act’ to improve the understanding, prevention and treatment of obesity in China.

### I: Call on work together

20 chairmen of CSMBS and IFSO-APC recorded video to call on the whole society to work together.



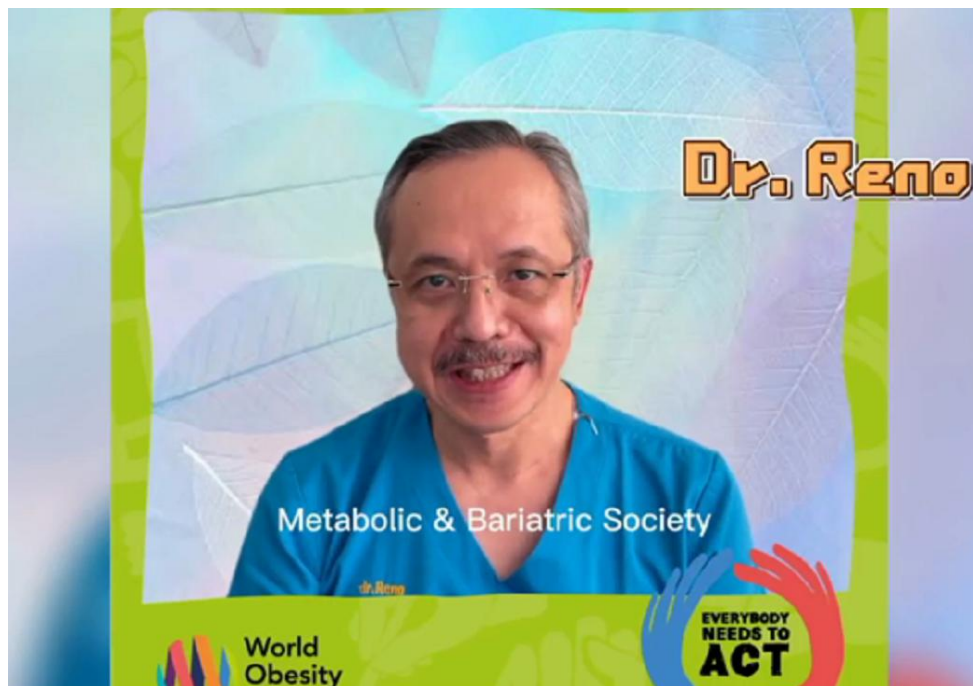
The understanding, supporting, and helping those struggling with obesity as a whole society rather than just individually is of great importance.

--- CC wang, president of IFSO-APC, President of CSMBS



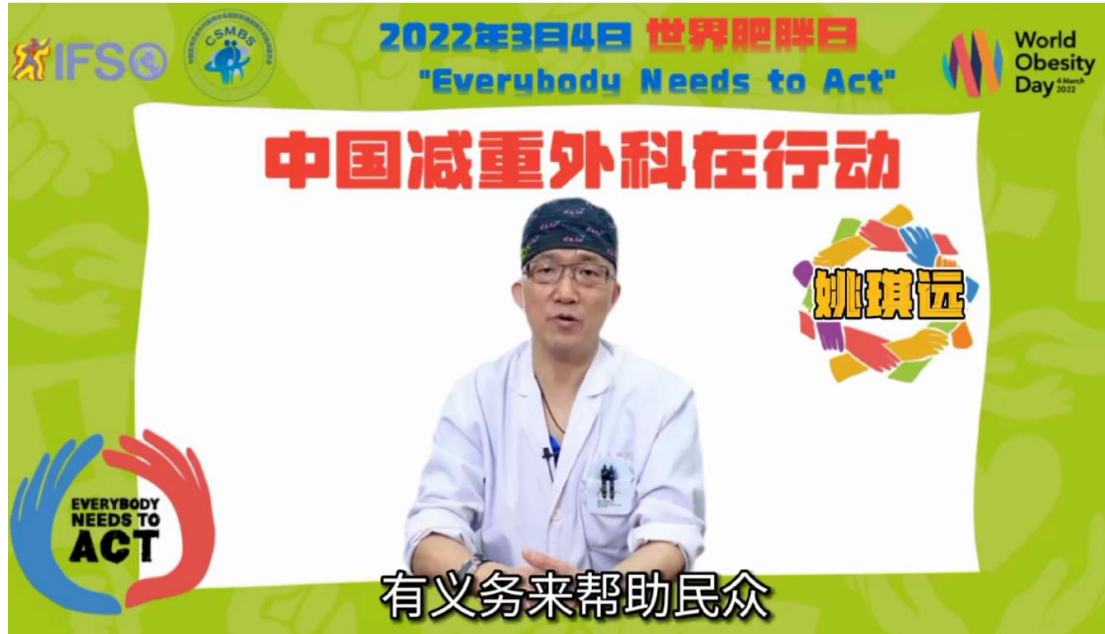
we are not simply treating obesity. Instead, we are treating metabolic syndrome. Metabolic syndrome is a serious metabolic disease which can lead to a series of complications. Surgery is a very effective way to treat metabolic syndrome.

---Shaihong Zhu, Vice Chairman of CSMBS



The last resort for weight reduction when diet & exercise have failed is through bariatric surgery. The surgery is reducing stomach volume so the patient can only consume in smaller portions. This will cause weight reduction in a period of time.

---Reno Rudiman, President of Indonesian, Metabolic & Bariatric Society.



As medical staff, we should publicize the popular science of obesity to increase understanding and work together to reject obesity by practicing reasonable diets and living habits.

——Qiyuan Yao, Vice Chairman of CSMBS

Advocators are as follows:



## II: Take action

On March 4th, saved a 250kg super obese patient, across 223km



## III: Spread Obesity Knowledge

Spread the harm of obesity and explain how to prevent and treat obesity through live broadcast.



Under the slogan of "Everybody Needs to Act", we must unite all social forces and work together to prevent the progress of obesity.